

abstain. fast. pray. reflect. repent.

**Make this your best Lent ever: Saint Paul provides pathways**

Here is a comprehensive Lenten calendar for you—our cherished Saint Paul faith community—to help you make this your **best Lent ever!** It has been compiled by the Saint Paul Communications Ministry.

Lent technically lasts for 46 days. The period is a mirror of the 40 days that Jesus spent in the wilderness, fasting, praying, and being tempted by Satan before he started his public ministry. In the Jewish tradition, fasting can be skipped on the Sabbath, the six Sundays during Lent. The concept behind Lent is that each year, Christians will mimic Jesus's actions in the wilderness. Lent is sometimes called the "Great Fast." It's a period of time in which Christians are meant to give up some comfort or adopt some spiritual practice that leads to self-examination, repentance from sin, and, ultimately, renewal of the soul, all in anticipation of greater dedication to serving others and God in the coming year.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12 7 Deadly Sins	13	14	15 Rosary following 8:00am mass and @ 4:30pm in chapel Adoration 8:20am - 6:20pm	16	17 Stations	18
19 7 Deadly Sins	20	21 7 Deadly Sins	22 Rosary following 8:00am mass and @ 4:30pm in chapel Adoration 8:20am - 6:20pm	23	24 Stations	25
26 Lenten Mission 7pm	27 with Fr. Jason Cargo 7pm	28 7 Deadly Sins	29 Rosary following 8:00am mass and @ 4:30pm in chapel Adoration 8:20am - 6:20pm	30	31 Stations	1
2	3	4	5 Rosary following 8:00am mass and @ 4:30pm in chapel Adoration 8:20am - 6:20pm	6	7 Stations Men's Club Fish Fry @ 5:30pm KC Bingo @ 7:45pm	8
9	10	11 Chrim Mass @ Cathedral 5:00pm	12 Rosary following 8:00am mass and @ 4:30pm in chapel Adoration 8:20am - 6:20pm Reconciliation 7:00pm	13 Holy Thursday 7:00pm Adoration after Mass until 11 pm NO Morning Mass @ 8am	14 Good Friday 3:00pm Stations English 3:30pm Live Stations Spanish 5:00pm Passion Spanish 7:00pm Passion English NO morning Mass at 8am	15 Holy Saturday 8:30pm Easter Vigil Mass NO confessions NO 5:30pm liturgy
16 Easter Liturgies 8:00am English 9:15am 11:00 am 1:00pm Spanish 2:30pm noon Men's Club Easter Egg Stampede	glorify.		Stations of the Cross in English @ 7pm in church led by: 3/17 Youth Ministry 3/24 Men's Club 3/31 Women's Guild 4/7 Bilingual (English/Spanish) Stations of the Cross in Spanish @ 7:30pm in church	7 Deadly Sins Bishop Robert Barron Series presented by Adult Faith Formation Sundays @ 3pm-5pm 3/19, and 3/26 Tuesdays @ 7pm-9pm 3/21, and 3/28	Saint Paul Library hours Sunday 9am to 12 noon Monday 10am to 12 noon	